The role of the Health & Wellbeing Officer is to help ensure that their club is a healthier place for everyone to enjoy. (Please note that this position has replaced the former ASAP Officer role.) They will be supported in this work by their Club Executive and their County Health & Wellbeing Committee. Policies, programmes, partnerships, and resources specific to the role are available (please see www.gaa.ie/community for more details).

RESPONSIBILITIES

- The key functions of the role are to communicate (the good work your club is doing and/or plans to do), support (the on-going development of the club’s health and wellbeing policies, programmes, partnerships and overall ethos) and signpost (to health and wellbeing opportunities in your club and to support services in your community).

- While not an elected member, it is recommended that the health and wellbeing officer attend club executive meetings. Alternatively, regular formal reporting of activities should be agreed.

- The officer will familiarise themselves with the content of the GAA’s Community & Health Department website (www.gaa.ie/community)

- The officer WILL NOT BE required to provide direct services or support to members but may help signpost to appropriate services provided by local/national agencies and/or voluntary groups.

REQUIREMENTS

- Good communication and interpersonal and organisational skills (computer literacy is essential).

- Ability to work with other club officers (Children’s/Coaching Officer) and the Executive as required.

- Have a genuine interest and knowledge in the Association and interest in health and wellbeing.

- Good standing in the community and the ability to deal discretely with potentially sensitive issues.

- Willingness to attend training as provided by the GAA or its partners.

RECOMMENDATIONS

- It is recommended that the Club Health & Wellbeing Officer be appointed for a minimum of two years to allow adequate time to develop and embed the role.

- It will be beneficial to involve other interested club members in this work by way of a small committee or as project teams to support specific goals or activities.

ADDITIONAL INFORMATION AND SUPPORT

- Training for Club Health & Wellbeing Officers and committee/project team members will be provided at county level each year. Email your County Health & Wellbeing chairperson for more details. Each chairperson has a generic email address: chair.hwc.[INSERT YOUR COUNTY NAME HERE]@gaa.ie (e.g. chair.hwc.leitrim@gaa.ie). This training is provided by trained GAA local.

- All supporting resources are available on the Community & Health website: www.gaa.ie/community

- Further information can be sought by emailing community.health@gaa.ie