



## Covid-19 Resource Information Pack

This document provides links to information, advice and services for Problem Gambling. Clicking on the links in the blue text, will take you directly to the official websites. For advice, support and information across a number of areas of wellbeing, relevant to all individuals please visit the following website: [Getting Through Covid-19 Together](#)

### Problem Gambling Supports

#### GAA

Oisín McConville (087 663 6623), Justin Campbell (086 884 0469) and Niall McNaMee (087 924 2655) are available to provide support for anyone affected by problem gambling

#### Republic of Ireland

<a href="#">Gamblers Anonymous Ireland</a>	A support fellowship for problem gamblers. Call: <b>01 872 1133</b> or <b>087 748 5878</b> (10am-10pm) Email: <a href="mailto:info@gamblersanonymous.ie">info@gamblersanonymous.ie</a>
<a href="#">Dunlewey Addiction Service</a>	Offers a confidential Helpline for those experiencing problems with their Gambling and this service is available throughout Ireland. Call: <b>1800 936 725</b> (Mon-Sun 9AM-11PM)
<a href="#">Problem Gambling Ireland</a>	Support provided for anyone affected by problem gambling in Ireland. Text: <b>089 241 5401</b> (call-back) or email <a href="mailto:info[at]problemgambling.ie">info[at]problemgambling.ie</a>
<a href="#">Addiction Ireland</a>	The Drug Treatment Centre Board, provides effective, high quality and client focused treatment for the population it serves. Call: <b>+353 1 6488600</b>
<a href="#">Gamble Aware Ireland</a>	Gamble Aware is devoted to increasing awareness, improving education and funding treatment for problem gambling. Call: <b>1800 753 753</b> (Mon 9AM-Fri 5:30PM) Email: <a href="mailto:info@gambleaware.ie">info@gambleaware.ie</a>

#### Northern Ireland

<a href="#">Gamblers Anonymous UK</a>	A support fellowship for problem gamblers. Call: <b>(028) 7135 1329</b> Email: <a href="mailto:info@gamblersanonymous.org.uk">info@gamblersanonymous.org.uk</a>
<a href="#">GamCare</a>	Offers free information, support and counselling for problem gamblers in the UK. Call: <b>0808 8020 133</b>
<a href="#">Gordan Mooney Association</a>	Offer online support service to problem gamblers <a href="mailto:help@gordonmoody.org.uk">help@gordonmoody.org.uk</a> or call <b>01384 241292</b> to find out more.

The Samaritans is the GAA's national mental health partner and can be contacted any time for a friendly chat on: **116123**